



## Home Modifications

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Home modifications for people living with ALS may include:

- Renovating your home's entrance to ensure it is safe (e.g., a ramp or porch lift)
- Renovating or adding a bathroom to make it accessible (e.g., grab bars, space for assistive devices, a roll-in shower, comfort height toilet)
- Making modifications that allow you to access another floor of your home (e.g., an elevator or custom stair glide) or to move between rooms (at minimum doorways should be 32" wide)
- Installing equipment that allows you to transfer between surfaces (e.g., a ceiling track lift)
- Installing grab bars throughout the home to increase safety during transfers or daily tasks
- Other unique modifications that enable you to continue to enjoy and safely access your home

We recommend a home visit from a homecare occupational therapist and consulting with your ALS Clinic OT before undergoing major renovations. You may also find it helpful to work with contractors who have experience with accessible design - some options are listed below.

As with any renovation, get quotes from more than one source before making a final decision. You may also choose to ask contractors about the possibility of equipment rentals or installing refurbished equipment instead of purchasing new.

Home modifications are just one way to modify your environment. If you are concerned about your safety at home, consult your ALS clinic team or ALS Canada Regional Manager.

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### Private Contractors

#### **101 Mobility**

Matt Dawson

905-421-9101

[www.101mobility.com/pickering](http://www.101mobility.com/pickering)

#### **Access Abilities**

416-237-9654 (Etobicoke)

905-825-5335 (Oakville)

[www.accessabilities.ca](http://www.accessabilities.ca)

#### **Adapt-Able Design Group**

Phone: 416-781-3335

[www.adaptabledesign.com](http://www.adaptabledesign.com)

#### **Basic Modifications Inc.**

Mario Greco

Phone: 416-284-9503

#### **Home Editions**

Dennis Benoit

Phone: 416-410-7844

[www.homeeditions.com](http://www.homeeditions.com)

#### **Med+ Home Health Care**

416-477-5960

[www.medplushealth.ca](http://www.medplushealth.ca)

#### **Rehab Medical**

Sam Hanna

647-893-7507

[www.rehabmedicalmobility.com](http://www.rehabmedicalmobility.com)

#### **Ross Elevators and Lifts**

Ross Therrien

613-334-8897

[www.rosslifts.ca](http://www.rosslifts.ca)

#### **Silver Cross - Canada-wide**

1-844-352-7677

[www.silvercross.com](http://www.silvercross.com)

#### **Total Access Centre**

Daniel Wiskin

416-546-1000

[www.totalaccesscentre.com](http://www.totalaccesscentre.com)

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The companies listed above are available as a resource. They are not affiliated with, or endorsed by, the Assistive Technology Clinic.